



**petra andres**  
consulting · coaching · gifted

and  
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*get up & go* is requirement and request:  
**Only who takes responsibility will act confidently and lead steadily.**

**Consulting** for organizational and cultural transformation  
**Individual and team coaching** for executives, high potentials, project leaders  
**Coaching for the Gifted / Consulting for Giftedness** in Organizations

Petra coaches international executives, management teams and organizations facing challenges in strategy and culture transformation.

With more than 25 years of experience, a strong business background, and extensive organizational systems and coach training, she pays equal attention to the unique dynamics of individuals and the team, as well as hard facts such as objectives, structure, or processes. Petra will intervene at the right level and manage dynamics to focus the discussion where it needs to be.

Petra studied at University of Pennsylvania (USA) and HEC Montréal (Canada); she holds a diploma in Business Administration from the WHU Koblenz (Germany) and received her Coach and Systemic Consultancy training from Hephaistos Coaching Center Munich.

Petra is very quick, structured, and analytical, enabling her to see the big picture even in complex situations and making her a preferred partner for focused, high performance personalities, teams and organizations.

#### **Current Clients:**

ABB, Boehringer Ingelheim, Deutsche Bahn, Heraeus, innogy, KfH, Malteser, Nestlé, MunichRe, Philip Morris International

#### **Languages:**

German, English, French

#### **Associations:**

- International Coach Federation ICF and ICF Germany e.V.
- WiPs (Association for the Advancement of Organizational Psychology)
- Forum Metatheory of Change
- In Praxi e.V.
- Mensa and Intertel

#### **Continuing Education:**

- Communication and (virtual) facilitation, Conflict management, Transactional analysis
- MBSR (Mindfulness-Based Stress Reduction/Jon Kabat-Zinn)
- Systemic work with individuals and organizations
- Therapeutic work (family therapy and Gestalt)



**get up & go**